



Malvern Heart Centre

Central Park Specialist Centre

389 Wattleree Road, East Malvern 3145.

Phone: 9509 6366 Fax: 9509 1580

E: reception@malvernheartcentre.com

Dr Alex Adel

Dr Alex Friedman

Dr David Irons

Dr Archer Broughton

Patient Details:

Surname: _____

Given Name: _____

Address: _____

_____ Postcode _____

DOB ____ / ____ / ____ M/F

Diagnostic Tests:

Cardiology Consultation

Transthoracic Echocardiogram

Exercise Test

Pacemaker Check

Stress Echo

ECG

Holter Monitor

Ambulatory BP Monitor

Clinical Details / Medication:

Appointment Date ____ / ____ / ____ Time _____

Referring Doctor _____ Date: ____ / ____ / ____

Name: _____ Signature: _____

Prov No: _____ Phone: _____ Fax: _____

Address _____ PostCode: _____

Report Preference Mail Fax Email email address: _____

Copy of Report to: _____

Test	What Is it ?	Patient Preparation
ECG	A Simple test to record the electrical rhythm of the heart.	No Preparation Approximately 10 minutes
Echocardiogram	An ultrasound scan of the heart (like a gall bladder scan), obtained with a probe on the chest wall.	No Preparation Approximately 40 minutes
Exercise Test	The heart is monitored while you walk on a treadmill machine to assess for any angina or other heart problems. For accurate monitoring, ten sticky dots are placed on the chest after the skin is prepared by light rubbing and or shaving.	Avoid heavy meals prior to the test. Wear comfortable walking shoes and clothes and bring a towel.
Holter Monitor	The heart rhythm is recorded for 24 hours through 5 sticky dots applied to the chest. The skin is prepared with slight rubbing. A tape recorder is used to record your heart rhythm and this is worn on a belt or shoulder strap, allowing you to carry on with most normal activities.	You will not be able to shower or bathe with the monitor on. Please return it punctually for the next person. The Holter monitor will take approximately 15 minutes to apply.



Malvern Heart Centre

389 Wattletree Road,
East Malvern 3145.
Phone: 9509 6366
Phone: 9500 1108
Fax: 9509 1580

E: reception@malvernheartcentre.com

**FREE
PARKING**